



NORTHEAST KINGDOM WASTE MANAGEMENT DISTRICT  
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May 7, 2025

NEKWMD  
Member Towns

**RE: Box-Spring and Mattress Fees**

Dear Member Town:

The Northeast Kingdom Waste Management District was notified on May 6, 2025, that the price to dispose of box-springs and mattresses will be dramatically increasing immediately. Individuals (and towns) can expect to pay \$45-\$50 per piece to dispose of these items. If your town has a bulky waste event scheduled or collects these items year-round, you should be prepared to pass this cost on to your residents if you do not wish to absorb these fees.

These fees can be avoided by dismantling the mattress and/or box-spring. Most mattresses and box-springs consist of an outer layer of cloth/fabric and a thin layer of foam attached to a steel and/or wooden frame. An individual can dismantle one of these items in about 15 minutes with a claw hammer and sheet-rock knife, or similar hand tools. The steel frame can be recycled as scrap metal and the cloth and foam usually fit into 1 or 2 regular garbage bags. The wood frames are generally untreated lumber and can be used for kindling.

A video can be found on how to dismantle a mattress by clicking the 'more' tab on our homepage and choosing the 'reduce, reuse, and recycle' tab. Once on this page, look for the helpful links and resources section on the top of the page. There is a button labeled 'video- taking apart a mattress'.

Please do not hesitate to contact the District if you have any questions.

Most sincerely,

Paul A. Tomasi  
Executive Director